



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

### Detailed evaluation

Dmitrijs Kižla

Club: Daugavpils Runners  
Number: 187

Course: 10.00 km  
Tautas distance

Category:  
V2-Tautas distance

Total time: 1:11:46

Speed: 8.36 km/h  
Running performance: 7.18 min/km

Rank in course/Total: 216 (of 256)

Rank in course/Men: 130 (of 140)

Best time in course: 37:16

Rank in category: 51(of 54)

Best time in the category: 37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	15:33	-	49	7:38	124	7:38	-	15:33	-	49	7:38	124	7:38
2	-	23:49	-	53	11:00	133	11:07	-	39:22	-	51	18:38	131	18:38
3	-	5:42	-	49	2:30	127	2:34	-	45:04	-	51	21:08	132	21:08
4	-	17:15	-	52	8:27	130	8:27	-	1:02:19	-	51	29:35	128	29:35
Finish	-	9:27	-	52	4:55	129	4:55	10.00	1:11:46	-	51	34:30	130	34:30