



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Miķelis Zaļais

Club: Wunder Latvia
Number: 218

Course: 10.00 km
Tautas distance

Category:
V2-Tautas distance

Total time: 1:12:20

Speed: 8.29 km/h
Running performance: 7.23 min/km

Rank in course/Total: 222 (of 256)

Rank in course/Men: 134 (of 140)

Best time in course: 37:16

Rank in category: 53(of 54)

Best time in the category: 37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	18:56	-	54	11:01	139	11:01	-	18:56	-	54	11:01	139	11:01
2	-	22:32	-	51	9:43	129	9:50	-	41:28	-	53	20:44	134	20:44
3	-	5:47	-	51	2:35	131	2:39	-	47:15	-	53	23:19	134	23:19
4	-	16:28	-	51	7:40	127	7:40	-	1:03:43	-	53	30:59	133	30:59
Finish	-	8:37	-	46	4:05	120	4:05	10.00	1:12:20	-	53	35:04	134	35:04