



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Miķelis Zaļais

Club: Wunder Latvia
Number: 218

Course: 10.00 km
Tautas distance

Category:
V2-Tautas distance

Total time: 1:12:20

Speed: 8.29 km/h
Running performance: 7.23 min/km

Rank in course/Total: 222 (of 256)

Rank in course/Men: 134 (of 140)

Best time in course: 37:16

Rank in category: 53(of 54)

Best time in the category: 37:16

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 1 | - | 18:56 | - | 54 | 11:01 | 139 | 11:01 | - | 18:56 | - | 54 | 11:01 | 139 | 11:01 |
| 2 | - | 22:32 | - | 51 | 9:43 | 129 | 9:50 | - | 41:28 | - | 53 | 20:44 | 134 | 20:44 |
| 3 | - | 5:47 | - | 51 | 2:35 | 131 | 2:39 | - | 47:15 | - | 53 | 23:19 | 134 | 23:19 |
| 4 | - | 16:28 | - | 51 | 7:40 | 127 | 7:40 | - | 1:03:43 | - | 53 | 30:59 | 133 | 30:59 |
| Finish | - | 8:37 | - | 46 | 4:05 | 120 | 4:05 | 10.00 | 1:12:20 | - | 53 | 35:04 | 134 | 35:04 |