



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Arvīds Ozoliņš

Number: 448

Course: 20.10 km
Sporta distance

Category:
V3-Sporta distance

Total time: 1:45:57

Speed: 11.38 km/h

Running performance: 5.27 min/km

Rank in course/Total: 68 (of 157)

Rank in course/Men: 61 (of 117)

Best time in course: 1:13:37

Rank in category: 10(of 31)

Best time in the category: 1:33:38

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	12:28	-	15	2:37	68	4:14	-	12:28	-	15	2:37	68	4:14	
2	-	17:17	-	8	2:04	56	5:08	-	29:45	-	10	4:41	63	9:20	
3	-	4:29	-	13	0:49	71	1:37	-	34:14	-	10	5:30	63	10:57	
4	-	12:14	-	9	1:28	59	3:36	-	46:28	-	11	6:28	63	14:31	
5	-	6:43	-	6	0:33	52	1:54	-	53:11	-	11	7:01	63	16:25	
1	-	11:29	-	7	1:10	52	3:39	-	1:04:40	-	10	8:11	63	20:04	
2	-	17:53	-	9	1:56	59	5:33	-	1:22:33	-	10	10:07	63	25:37	
3	-	4:11	-	7	0:29	54	1:15	-	1:26:44	-	10	10:28	63	26:52	
4	-	12:19	-	8	1:13	61	3:41	-	1:39:03	-	9	11:31	62	30:33	
Finish	-	6:54	-	10	0:49	60	1:53	20.10	1:45:57	-	10	12:19	61	32:20	