



LMP Noskrien ziemu 1.posms SĒJĀ

SĒJĀ / 17.12.2017

Detailed evaluation

Paula Pakule

Club: Sporta klubs Wendi
Number: 24

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 1:03:16

Speed: 9.48 km/h
Running performance: 6.33 min/km

Rank in course/Total: 164 (of 256)

Rank in course/Women: 50 (of 116)

Best time in course: 42:28

Rank in category: 25(of 42)

Best time in the category: 42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	14:46	-	25	5:59	56	5:59	-	14:46	-	25	5:59	56	5:59
2	-	20:34	-	25	6:06	48	6:06	-	35:20	-	25	12:05	53	12:05
3	-	4:59	-	22	1:26	46	1:26	-	40:19	-	25	13:31	52	13:31
4	-	14:49	-	24	4:38	52	4:38	-	55:08	-	25	18:09	52	18:09
Finish	-	8:08	-	24	2:39	51	2:39	10.00	1:03:16	-	25	20:48	50	20:48