



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Arvīds Germovs

Number: 435

Course: 20.10 km
Sporta distance

Category:
V3-Sporta distance

Total time: 1:48:39

Speed: 11.04 km/h
Running performance: 5.41 min/km

Rank in course/Total: 79 (of 157)

Rank in course/Men: 69 (of 117)

Best time in course: 1:13:37

Rank in category: 12(of 31)

Best time in the category: 1:33:38

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:24	-	13	2:33	66	4:10	-	12:24	-	13	2:33	66	4:10
2	-	17:57	-	13	2:44	70	5:48	-	30:21	-	13	5:17	67	9:56
3	-	4:39	-	16	0:59	80	1:47	-	35:00	-	15	6:16	71	11:43
4	-	12:53	-	16	2:07	75	4:15	-	47:53	-	15	7:53	70	15:56
5	-	7:08	-	14	0:58	69	2:19	-	55:01	-	14	8:51	69	18:15
1	-	11:36	-	8	1:17	57	3:46	-	1:06:37	-	13	10:08	69	22:01
2	-	18:00	-	12	2:03	64	5:40	-	1:24:37	-	12	12:11	69	27:41
3	-	4:22	-	13	0:40	69	1:26	-	1:28:59	-	12	12:43	69	29:07
4	-	12:32	-	13	1:26	69	3:54	-	1:41:31	-	12	13:59	69	33:01
Finish	-	7:08	-	13	1:03	72	2:07	20.10	1:48:39	-	12	15:01	69	35:02