



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Raitis Puriņš

Club: VSK Noskrien/Zemgales Ziņas  
Number: 450

Course: 20.10 km  
Sporta distance

Category:  
V3-Sporta distance

Total time: 1:50:51

Speed: 10.83 km/h  
Running performance: 5.51 min/km

Rank in course/Total: 85 (of 157)

Rank in course/Men: 74 (of 117)

Best time in course: 1:13:37

Rank in category: 15(of 31)

Best time in the category: 1:33:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:27	-	14	2:36	67	4:13	-	12:27	-	14	2:36	67	4:13
2	-	17:34	-	9	2:21	64	5:25	-	30:01	-	11	4:57	65	9:36
3	-	4:19	-	9	0:39	61	1:27	-	34:20	-	11	5:36	65	11:03
4	-	12:47	-	14	2:01	72	4:09	-	47:07	-	12	7:07	66	15:10
5	-	7:06	-	12	0:56	66	2:17	-	54:13	-	13	8:03	67	17:27
1	-	12:41	-	17	2:22	79	4:51	-	1:06:54	-	14	10:25	71	22:18
2	-	18:27	-	14	2:30	73	6:07	-	1:25:21	-	14	12:55	71	28:25
3	-	4:38	-	16	0:56	83	1:42	-	1:29:59	-	14	13:43	72	30:07
4	-	13:28	-	16	2:22	81	4:50	-	1:43:27	-	15	15:55	74	34:57
Finish	-	7:24	-	15	1:19	79	2:23	20.10	1:50:51	-	15	17:13	74	37:14