



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Aivars Kļaviņš

Number: 439

Course: 20.10 km
Sporta distance

Category:
V3-Sporta distance

Total time: 2:03:23

Speed: 9.77 km/h

Running performance: 6.14 min/km

Rank in course/Total: 118 (of 157)

Rank in course/Men: 94 (of 117)

Best time in course: 1:13:37

Rank in category: 20(of 31)

Best time in the category: 1:33:38

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	14:36	-	22	4:45	94	6:22	-	14:36	-	22	4:45	94	6:22	
2	-	19:34	-	21	4:21	94	7:25	-	34:10	-	22	9:06	95	13:45	
3	-	4:46	-	20	1:06	88	1:54	-	38:56	-	22	10:12	95	15:39	
4	-	13:53	-	20	3:07	92	5:15	-	52:49	-	22	12:49	93	20:52	
5	-	7:57	-	20	1:47	97	3:08	-	1:00:46	-	20	14:36	94	24:00	
1	-	14:30	-	24	4:11	99	6:40	-	1:15:16	-	20	18:47	93	30:40	
2	-	20:47	-	19	4:50	94	8:27	-	1:36:03	-	20	23:37	94	39:07	
3	-	4:55	-	18	1:13	92	1:59	-	1:40:58	-	20	24:42	94	41:06	
4	-	14:19	-	18	3:13	89	5:41	-	1:55:17	-	20	27:45	94	46:47	
Finish	-	8:06	-	20	2:01	93	3:05	20.10	2:03:23	-	20	29:45	94	49:46	