



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Jānis Markulis

Total time: 2:05:29

Number: 445

Speed: 9.56 km/h

Running performance: 6.24 min/km

Course: 20.10 km

Rank in course/Total: 122 (of 157)

Sporta distance

Rank in course/Men: 98 (of 117)

Best time in course: 1:13:37

Category:

Rank in category: 22(of 31)

V3-Sporta distance

Best time in the category: 1:33:38

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	13:17	-	18	3:26	76	5:03	-	13:17	-	18	3:26	76	5:03
2	-	20:02	-	24	4:49	101	7:53	-	33:19	-	20	8:15	86	12:54
3	-	4:41	-	17	1:01	81	1:49	-	38:00	-	20	9:16	86	14:43
4	-	15:23	-	30	4:37	112	6:45	-	53:23	-	23	13:23	98	21:26
5	-	8:00	-	21	1:50	98	3:11	-	1:01:23	-	22	15:13	97	24:37
1	-	14:27	-	23	4:08	98	6:37	-	1:15:50	-	21	19:21	96	31:14
2	-	20:48	-	20	4:51	95	8:28	-	1:36:38	-	21	24:12	96	39:42
3	-	5:03	-	21	1:21	98	2:07	-	1:41:41	-	21	25:25	96	41:49
4	-	15:11	-	22	4:05	99	6:33	-	1:56:52	-	21	29:20	96	48:22
Finish	-	8:37	-	25	2:32	102	3:36	20.10	2:05:29	-	22	31:51	98	51:52