



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Vilnis Brakovskis

Club: Wood ART.LV
Number: 431

Course: 20.10 km
Sporta distance

Category:
V3-Sporta distance

Total time: 2:07:16

Speed: 9.48 km/h
Running performance: 6.33 min/km

Rank in course/Total: 126 (of 157)

Rank in course/Men: 101 (of 117)

Best time in course: 1:13:37

Rank in category: 23(of 31)

Best time in the category: 1:33:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	14:46	-	23	4:55	98	6:32	-	14:46	-	23	4:55	98	6:32
2	-	20:43	-	28	5:30	110	8:34	-	35:29	-	26	10:25	106	15:04
3	-	4:59	-	24	1:19	105	2:07	-	40:28	-	25	11:44	105	17:11
4	-	14:33	-	21	3:47	101	5:55	-	55:01	-	25	15:01	105	23:04
5	-	8:06	-	23	1:56	101	3:17	-	1:03:07	-	24	16:57	103	26:21
1	-	14:03	-	18	3:44	91	6:13	-	1:17:10	-	24	20:41	104	32:34
2	-	21:30	-	24	5:33	101	9:10	-	1:38:40	-	24	26:14	102	41:44
3	-	5:03	-	21	1:21	98	2:07	-	1:43:43	-	23	27:27	101	43:51
4	-	15:11	-	22	4:05	99	6:33	-	1:58:54	-	23	31:22	101	50:24
Finish	-	8:22	-	22	2:17	98	3:21	20.10	2:07:16	-	23	33:38	101	53:39