



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Andris Bērziņš

Number: 429

Course: 20.10 km
Sporta distance

Category:
V3-Sporta distance

Total time: 2:09:49

Speed: 9.29 km/h

Running performance: 6.46 min/km

Rank in course/Total: 132 (of 157)

Rank in course/Men: 105 (of 117)

Best time in course: 1:13:37

Rank in category: 26(of 31)

Best time in the category: 1:33:38

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	14:54	-	26	5:03	102	6:40	-	14:54	-	26	5:03	102	6:40
2	-	20:43	-	28	5:30	110	8:34	-	35:37	-	27	10:33	107	15:12
3	-	5:12	-	29	1:32	114	2:20	-	40:49	-	27	12:05	107	17:32
4	-	14:49	-	26	4:03	106	6:11	-	55:38	-	26	15:38	106	23:41
5	-	8:22	-	28	2:12	108	3:33	-	1:04:00	-	25	17:50	106	27:14
1	-	14:14	-	19	3:55	94	6:24	-	1:18:14	-	25	21:45	107	33:38
2	-	22:10	-	25	6:13	104	9:50	-	1:40:24	-	26	27:58	106	43:28
3	-	5:18	-	25	1:36	103	2:22	-	1:45:42	-	26	29:26	106	45:50
4	-	15:40	-	25	4:34	103	7:02	-	2:01:22	-	26	33:50	105	52:52
Finish	-	8:27	-	24	2:22	100	3:26	20.10	2:09:49	-	26	36:11	105	56:12