



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Andžejs Stenclavs

Number: 451

Course: 20.10 km  
Sporta distance

Category:  
V3-Sporta distance

Total time: 2:31:33

Speed: 7.92 km/h

Running performance: 7.54 min/km

Rank in course/Total: 151 (of 157)

Rank in course/Men: 114 (of 117)

Best time in course: 1:13:37

Rank in category: 29(of 31)

Best time in the category: 1:33:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	15:13	-	27	5:22	107	6:59	-	15:13	-	27	5:22	107	6:59
2	-	20:41	-	26	5:28	108	8:32	-	35:54	-	28	10:50	109	15:29
3	-	5:07	-	27	1:27	110	2:15	-	41:01	-	28	12:17	109	17:44
4	-	14:51	-	27	4:05	107	6:13	-	55:52	-	28	15:52	109	23:55
5	-	8:08	-	24	1:58	102	3:19	-	1:04:00	-	25	17:50	106	27:14
1	-	15:59	-	29	5:40	112	8:09	-	1:19:59	-	28	23:30	112	35:23
2	-	22:31	-	28	6:34	107	10:11	-	1:42:30	-	27	30:04	110	45:34
3	-	5:28	-	27	1:46	106	2:32	-	1:47:58	-	28	31:42	110	48:06
4	-	33:53	-	29	22:47	115	25:15	-	2:21:51	-	30	54:19	115	1:13:21
Finish	-	9:42	-	28	3:37	110	4:41	20.10	2:31:33	-	29	57:55	114	1:17:56