



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Eduards Pāķis

Club: Saulkrasti SRT
Number: 244

Course: 10.00 km
Tautas distance

Category:
V3-Tautas distance

Total time: 47:06

Speed: 12.74 km/h
Running performance: 4.71 min/km

Rank in course/Total: 41 (of 256)

Rank in course/Men: 38 (of 140)

Best time in course: 37:16

Rank in category: 2(of 32)

Best time in the category: 46:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	10:08	-	4	0:37	41	2:13	-	10:08	-	4	0:37	41	2:13
2	-	16:16	-	4	0:41	46	3:34	-	26:24	-	4	0:56	42	5:40
3	-	3:44	-	2	0:01	31	0:36	-	30:08	-	4	0:57	42	6:12
4	-	10:56	-	1	-	34	2:08	-	41:04	-	3	0:49	39	8:20
Finish	-	6:02	-	1	-	34	1:30	10.00	47:06	-	2	0:42	38	9:50