



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ritvars Klapars

Club: VSK Noskrien/ Kocēnu novads
Number: 235

Course: 10.00 km
Tautas distance

Category:
V3-Tautas distance

Total time: 47:30

Speed: 12.63 km/h
Running performance: 4.75 min/km

Rank in course/Total: 44 (of 256)

Rank in course/Men: 40 (of 140)

Best time in course: 37:16

Rank in category: 4(of 32)

Best time in the category: 46:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:52	-	2	0:21	32	1:57	-	9:52	-	2	0:21	32	1:57
2	-	15:51	-	2	0:16	38	3:09	-	25:43	-	3	0:15	36	4:59
3	-	3:54	-	3	0:11	46	0:46	-	29:37	-	3	0:26	37	5:41
4	-	11:34	-	4	0:38	47	2:46	-	41:11	-	4	0:56	40	8:27
Finish	-	6:19	-	3	0:17	43	1:47	10.00	47:30	-	4	1:06	40	10:14