



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Normunds Zauls

Club: Limbaži
Number: 252

Course: 10.00 km
Tautas distance

Category:
V3-Tautas distance

Total time: 49:40

Speed: 12.08 km/h
Running performance: 4.97 min/km

Rank in course/Total: 57 (of 256)

Rank in course/Men: 51 (of 140)

Best time in course: 37:16

Rank in category: 5(of 32)

Best time in the category: 46:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	10:09	-	5	0:38	42	2:14	-	10:09	-	5	0:38	42	2:14	
2	-	16:46	-	5	1:11	51	4:04	-	26:55	-	5	1:27	45	6:11	
3	-	4:02	-	7	0:19	59	0:54	-	30:57	-	5	1:46	46	7:01	
4	-	12:01	-	6	1:05	55	3:13	-	42:58	-	5	2:43	47	10:14	
Finish	-	6:42	-	10	0:40	62	2:10	10.00	49:40	-	5	3:16	51	12:24	