



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Jānis Kopmanis

Club: LSC

Number: 236

Course: 10.00 km

Tautas distance

Category:

V3-Tautas distance

Total time: 51:56

Speed: 11.55 km/h

Running performance: 5.19 min/km

Rank in course/Total: 74 (of 256)

Rank in course/Men: 64 (of 140)

Best time in course: 37:16

Rank in category: 10(of 32)

Best time in the category: 46:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
1	-	10:50	-	6	1:19	52	2:55	-	10:50	-	6	1:19	52	2:55
2	-	17:30	-	10	1:55	67	4:48	-	28:20	-	7	2:52	61	7:36
3	-	4:10	-	11	0:27	65	1:02	-	32:30	-	7	3:19	60	8:34
4	-	12:25	-	12	1:29	67	3:37	-	44:55	-	8	4:40	60	12:11
Finish	-	7:01	-	13	0:59	81	2:29	10.00	51:56	-	10	5:32	64	14:40