



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Dainis Muško

Club: Kartavkalnu Buku
Number: 816

Course: 10.00 km
Tautas distance

Category:
V3-Tautas distance

Total time: 55:01

Speed: 10.91 km/h
Running performance: 5.50 min/km

Rank in course/Total: 104 (of 256)

Rank in course/Men: 85 (of 140)

Best time in course: 37:16

Rank in category: 14(of 32)

Best time in the category: 46:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
1	-	12:39	-	15	3:08	92	4:44	-	12:39	-	15	3:08	92	4:44
2	-	17:49	-	14	2:14	77	5:07	-	30:28	-	13	5:00	80	9:44
3	-	4:21	-	14	0:38	82	1:13	-	34:49	-	13	5:38	79	10:53
4	-	12:44	-	15	1:48	82	3:56	-	47:33	-	14	7:18	78	14:49
Finish	-	7:28	-	18	1:26	95	2:56	10.00	55:01	-	14	8:37	85	17:45