



LMP Noskrien ziemu 1.posms SĒJĀ

SĒJĀ / 17.12.2017

Detailed evaluation

Juris Gaidelis

Club: Maratona klubs

Number: 231

Course: 10.00 km

Tautas distance

Category:

V3-Tautas distance

Total time: 1:00:22

Speed: 9.94 km/h

Running performance: 6.04 min/km

Rank in course/Total: 142 (of 256)

Rank in course/Men: 106 (of 140)

Best time in course: 37:16

Rank in category: 23(of 32)

Best time in the category: 46:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	12:55	-	17	3:24	96	5:00	-	12:55	-	17	3:24	96	5:00	
2	-	20:21	-	25	4:46	111	7:39	-	33:16	-	21	7:48	104	12:32	
3	-	4:55	-	24	1:12	108	1:47	-	38:11	-	21	9:00	104	14:15	
4	-	14:09	-	23	3:13	103	5:21	-	52:20	-	22	12:05	103	19:36	
Finish	-	8:02	-	26	2:00	109	3:30	10.00	1:00:22	-	23	13:58	106	23:06	