



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Kaspars Aksenoks

Number: 223

Course: 10.00 km

Tautas distance

Category:

V3-Tautas distance

Total time: 1:02:19

Speed: 9.63 km/h

Running performance: 6.23 min/km

Rank in course/Total: 158 (of 256)

Rank in course/Men: 112 (of 140)

Best time in course: 37:16

Rank in category: 25(of 32)

Best time in the category: 46:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	16:31	-	30	7:00	128	8:36	-	16:31	-	30	7:00	128	8:36
2	-	19:02	-	20	3:27	97	6:20	-	35:33	-	28	10:05	119	14:49
3	-	4:51	-	22	1:08	105	1:43	-	40:24	-	26	11:13	115	16:28
4	-	14:05	-	21	3:09	100	5:17	-	54:29	-	25	14:14	110	21:45
Finish	-	7:50	-	24	1:48	105	3:18	10.00	1:02:19	-	25	15:55	112	25:03