



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Jānis Birģelis

Total time: 1:04:56

Number: 227

Speed: 9.24 km/h

Running performance: 6.49 min/km

Course: 10.00 km

Rank in course/Total: 175 (of 256)

Tautas distance

Rank in course/Men: 118 (of 140)

Best time in course: 37:16

Category:

Rank in category: 28(of 32)

V3-Tautas distance

Best time in the category: 46:24

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	13:32	-	21	4:01	105	5:37	-	13:32	-	21	4:01	105	5:37
2	-	21:48	-	29	6:13	124	9:06	-	35:20	-	26	9:52	114	14:36
3	-	5:19	-	28	1:36	119	2:11	-	40:39	-	28	11:28	119	16:43
4	-	15:31	-	29	4:35	116	6:43	-	56:10	-	28	15:55	114	23:26
Finish	-	8:46	-	30	2:44	124	4:14	10.00	1:04:56	-	28	18:32	118	27:40