



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Heinrihs Otomers

Number: 243

Course: 10.00 km

Tautas distance

Category:

V3-Tautas distance

Total time: 1:07:17

Speed: 8.92 km/h

Running performance: 6.73 min/km

Rank in course/Total: 190 (of 256)

Rank in course/Men: 122 (of 140)

Best time in course: 37:16

Rank in category: 29(of 32)

Best time in the category: 46:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	17:06	-	32	7:35	131	9:11	-	17:06	-	32	7:35	131	9:11
2	-	21:19	-	28	5:44	118	8:37	-	38:25	-	30	12:57	128	17:41
3	-	5:24	-	29	1:41	122	2:16	-	43:49	-	30	14:38	128	19:53
4	-	15:41	-	30	4:45	120	6:53	-	59:30	-	30	19:15	125	26:46
Finish	-	7:47	-	23	1:45	104	3:15	10.00	1:07:17	-	29	20:53	122	30:01