



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Andris Lanka

Club: TRX Cēsis nūjo
Number: 532

Course: 20.10 km
Nujošanas pargajiens-2apli

Category:
V-Nujošanas pargajiens-2apli

Total time: 2:37:01

Speed: 7.68 km/h
Running performance: 7.81 min/km

Rank in course/Total: 2 (of 13)

Rank in course/Men: 2 (of 6)

Best time in course: 2:33:21

Rank in category: 2(of 6)

Best time in the category: 2:33:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	17:53	-	4	0:36	4	0:36	-	17:53	-	4	0:36	4	0:36
2	-	25:20	-	1	-	1	-	-	43:13	-	4	0:33	4	0:33
3	-	6:03	-	1	-	1	-	-	49:16	-	4	0:31	4	0:31
4	-	17:30	-	1	-	1	-	-	1:06:46	-	2	0:05	2	0:05
5	-	10:16	-	3	0:05	3	0:05	-	1:17:02	-	3	0:10	3	0:10
1	-	17:12	-	2	1:01	2	1:01	-	1:34:14	-	2	1:11	2	1:11
2	-	26:23	-	2	1:08	2	1:08	-	2:00:37	-	2	2:19	2	2:19
3	-	6:20	-	2	0:27	2	0:27	-	2:06:57	-	2	2:46	2	2:46
4	-	18:42	-	2	0:34	2	0:34	-	2:25:39	-	2	3:20	2	3:20
Finish	-	11:22	-	2	0:20	2	0:20	20.10	2:37:01	-	2	3:40	2	3:40