



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Jānis Gaiķis

Club: Hawai Ekspres
Number: 835

Course: 20.10 km
Nujošanas pargajiens-2apli

Category:
V-Nujošanas pargajiens-2apli

Total time: 2:42:25

Speed: 7.39 km/h
Running performance: 8.08 min/km

Rank in course/Total: 5 (of 13)

Rank in course/Men: 4 (of 6)

Best time in course: 2:33:21

Rank in category: 4(of 6)

Best time in the category: 2:33:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	17:35	-	3	0:18	3	0:18	-	17:35	-	3	0:18	3	0:18
2	-	25:31	-	3	0:11	3	0:11	-	43:06	-	2	0:26	2	0:26
3	-	6:09	-	4	0:06	4	0:06	-	49:15	-	3	0:30	3	0:30
4	-	17:35	-	2	0:05	2	0:05	-	1:06:50	-	4	0:09	4	0:09
5	-	10:39	-	4	0:28	4	0:28	-	1:17:29	-	4	0:37	4	0:37
1	-	19:42	-	6	3:31	6	3:31	-	1:37:11	-	4	4:08	4	4:08
2	-	27:30	-	4	2:15	4	2:15	-	2:04:41	-	4	6:23	4	6:23
3	-	6:42	-	4	0:49	4	0:49	-	2:11:23	-	4	7:12	4	7:12
4	-	19:30	-	3	1:22	3	1:22	-	2:30:53	-	4	8:34	4	8:34
Finish	-	11:32	-	4	0:30	4	0:30	20.10	2:42:25	-	4	9:04	4	9:04