



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Andris Spuņģis

Club: -

Number: 536

Course: 20.10 km

Nujošanas pargajiens-2apli

Category:

V-Nujošanas pargajiens-2apli

Total time: 2:55:59

Speed: 6.82 km/h

Running performance: 8.76 min/km

Rank in course/Total: 13 (of 13)

Rank in course/Men: 6 (of 6)

Best time in course: 2:33:21

Rank in category: 6(of 6)

Best time in the category: 2:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	18:15	-	6	0:58	6	0:58	-	18:15	-	6	0:58	6	0:58
2	-	26:53	-	6	1:33	6	1:33	-	45:08	-	6	2:28	6	2:28
3	-	6:36	-	6	0:33	6	0:33	-	51:44	-	6	2:59	6	2:59
4	-	19:14	-	5	1:44	5	1:44	-	1:10:58	-	6	4:17	6	4:17
5	-	11:13	-	6	1:02	6	1:02	-	1:22:11	-	6	5:19	6	5:19
1	-	19:08	-	5	2:57	5	2:57	-	1:41:19	-	6	8:16	6	8:16
2	-	29:46	-	6	4:31	6	4:31	-	2:11:05	-	6	12:47	6	12:47
3	-	7:46	-	6	1:53	6	1:53	-	2:18:51	-	6	14:40	6	14:40
4	-	23:27	-	6	5:19	6	5:19	-	2:42:18	-	6	19:59	6	19:59
Finish	-	13:41	-	6	2:39	6	2:39	20.10	2:55:59	-	6	22:38	6	22:38