



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Marita Masule

Club: SPORTLAND

Number: 20

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 1:12:31

Speed: 8.27 km/h

Running performance: 7.25 min/km

Rank in course/Total: 224 (of 256)

Rank in course/Women: 90 (of 116)

Best time in course: 42:28

Rank in category: 33(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:31	-	31	6:44	68	6:44	-	15:31	-	31	6:44	68	6:44
2	-	22:08	-	31	7:40	73	7:40	-	37:39	-	31	14:24	72	14:24
3	-	5:38	-	32	2:05	85	2:05	-	43:17	-	31	16:29	73	16:29
4	-	17:35	-	35	7:24	98	7:24	-	1:00:52	-	31	23:53	79	23:53
Finish	-	11:39	-	41	6:10	112	6:10	10.00	1:12:31	-	33	30:03	90	30:03