



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Zane Ieviņa

Number: 11

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 1:14:54

Speed: 8.01 km/h

Running performance: 7.49 min/km

Rank in course/Total: 232 (of 256)

Rank in course/Women: 97 (of 116)

Best time in course: 42:28

Rank in category: 36(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:04	-	28	6:17	60	6:17	-	15:04	-	28	6:17	60	6:17
2	-	25:28	-	37	11:00	103	11:00	-	40:32	-	36	17:17	87	17:17
3	-	5:56	-	36	2:23	96	2:23	-	46:28	-	36	19:40	88	19:40
4	-	18:26	-	38	8:15	103	8:15	-	1:04:54	-	36	27:55	96	27:55
Finish	-	10:00	-	39	4:31	104	4:31	10.00	1:14:54	-	36	32:26	97	32:26