



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Elza Žumbure

Club: Legs Miserables
Number: 44

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 1:15:49

Speed: 7.91 km/h
Running performance: 7.58 min/km

Rank in course/Total: 234 (of 256)

Rank in course/Women: 99 (of 116)

Best time in course: 42:28

Rank in category: 37(of 42)

Best time in the category: 42:28

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 1 | - | 17:47 | - | 39 | 9:00 | 97 | 9:00 | - | 17:47 | - | 39 | 9:00 | 97 | 9:00 |
| 2 | - | 24:03 | - | 35 | 9:35 | 96 | 9:35 | - | 41:50 | - | 37 | 18:35 | 99 | 18:35 |
| 3 | - | 6:03 | - | 37 | 2:30 | 101 | 2:30 | - | 47:53 | - | 37 | 21:05 | 99 | 21:05 |
| 4 | - | 18:18 | - | 37 | 8:07 | 101 | 8:07 | - | 1:06:11 | - | 37 | 29:12 | 98 | 29:12 |
| Finish | - | 9:38 | - | 37 | 4:09 | 97 | 4:09 | 10.00 | 1:15:49 | - | 37 | 33:21 | 99 | 33:21 |