



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Alīna Sadovska

Number: 33

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 1:16:43

Speed: 7.82 km/h

Running performance: 7.67 min/km

Rank in course/Total: 237 (of 256)

Rank in course/Women: 102 (of 116)

Best time in course: 42:28

Rank in category: 38(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	17:48	-	40	9:01	98	9:01	-	17:48	-	40	9:01	98	9:01
2	-	26:49	-	38	12:21	106	12:21	-	44:37	-	40	21:22	108	21:22
3	-	7:41	-	40	4:08	113	4:08	-	52:18	-	40	25:30	109	25:30
4	-	15:46	-	30	5:35	72	5:35	-	1:08:04	-	38	31:05	104	31:05
Finish	-	8:39	-	30	3:10	68	3:10	10.00	1:16:43	-	38	34:15	102	34:15