



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Elīna Birģeļe

Club: Birģeļi
Number: 1

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 1:20:09

Speed: 7.49 km/h
Running performance: 8.02 min/km

Rank in course/Total: 241 (of 256)
Rank in course/Women: 106 (of 116)
Best time in course: 42:28

Rank in category: 39(of 42)
Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	16:23	-	36	7:36	82	7:36	-	16:23	-	36	7:36	82	7:36
2	-	27:23	-	40	12:55	108	12:55	-	43:46	-	38	20:31	104	20:31
3	-	6:45	-	39	3:12	108	3:12	-	50:31	-	38	23:43	105	23:43
4	-	19:25	-	39	9:14	105	9:14	-	1:09:56	-	39	32:57	105	32:57
Finish	-	10:13	-	40	4:44	106	4:44	10.00	1:20:09	-	39	37:41	106	37:41