



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Rūta Rutkovska

Club: Sportiņš 88
Number: 32

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 1:30:25

Speed: 6.64 km/h
Running performance: 9.04 min/km

Rank in course/Total: 251 (of 256)
Rank in course/Women: 112 (of 116)
Best time in course: 42:28

Rank in category: 41(of 42)
Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	19:13	-	41	10:26	113	10:26	-	19:13	-	41	10:26	113	10:26
2	-	30:13	-	42	15:45	114	15:45	-	49:26	-	41	26:11	113	26:11
3	-	8:19	-	42	4:46	116	4:46	-	57:45	-	42	30:57	114	30:57
4	-	23:10	-	40	12:59	112	12:59	-	1:20:55	-	41	43:56	111	43:56
Finish	-	9:30	-	35	4:01	94	4:01	10.00	1:30:25	-	41	47:57	112	47:57