



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Inese Otomere

Number: 325

Course: 20.10 km  
Sporta distance

Category:  
S2-Sporta distance

Total time: 1:53:06

Speed: 10.66 km/h  
Running performance: 5.63 min/km

Rank in course/Total: 90 (of 157)  
Rank in course/Women: 13 (of 40)  
Best time in course: 1:33:59

Rank in category: 3(of 17)  
Best time in the category: 1:33:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	12:06	-	3	1:51	13	2:02	-	12:06	-	3	1:51	13	2:02
2	-	18:08	-	3	2:44	13	2:44	-	30:14	-	3	4:31	12	4:34
3	-	4:29	-	4	0:58	14	0:58	-	34:43	-	3	5:29	12	5:29
4	-	13:06	-	4	2:17	14	2:17	-	47:49	-	3	7:46	12	7:46
5	-	7:29	-	5	1:17	16	1:21	-	55:18	-	3	9:03	11	9:03
1	-	12:39	-	5	2:24	17	2:33	-	1:07:57	-	3	11:27	12	11:27
2	-	19:33	-	4	3:39	15	3:39	-	1:27:30	-	3	15:06	12	15:06
3	-	4:48	-	5	1:06	17	1:06	-	1:32:18	-	3	16:12	13	16:12
4	-	13:26	-	3	2:09	12	2:11	-	1:45:44	-	3	18:21	12	18:21
Finish	-	7:22	-	3	0:46	12	1:09	20.10	1:53:06	-	3	19:07	13	19:07