



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Antra Lukševica

Club: VSK Noskrien
Number: 324

Course: 20.10 km
Sporta distance

Category:
S2-Sporta distance

Total time: 2:06:48

Speed: 9.46 km/h
Running performance: 6.31 min/km

Rank in course/Total: 124 (of 157)

Rank in course/Women: 25 (of 40)

Best time in course: 1:33:59

Rank in category: 8(of 17)

Best time in the category: 1:33:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	13:20	-	7	3:05	20	3:16	-	13:20	-	7	3:05	20	3:16
2	-	20:38	-	8	5:14	27	5:14	-	33:58	-	8	8:15	24	8:18
3	-	4:48	-	6	1:17	23	1:17	-	38:46	-	8	9:32	24	9:32
4	-	15:32	-	14	4:43	36	4:43	-	54:18	-	8	14:15	25	14:15
5	-	8:13	-	9	2:01	27	2:05	-	1:02:31	-	8	16:16	25	16:16
1	-	14:54	-	11	4:39	31	4:48	-	1:17:25	-	8	20:55	26	20:55
2	-	21:22	-	8	5:28	24	5:28	-	1:38:47	-	8	26:23	25	26:23
3	-	4:57	-	8	1:15	24	1:15	-	1:43:44	-	8	27:38	25	27:38
4	-	14:45	-	7	3:28	22	3:30	-	1:58:29	-	8	31:06	24	31:06
Finish	-	8:19	-	9	1:43	25	2:06	20.10	2:06:48	-	8	32:49	25	32:49