



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Zane Ivanāne

Club: VSK Noskrien  
Number: 321

Course: 20.10 km  
Sporta distance

Category:  
S2-Sporta distance

Total time: 2:11:48

Speed: 9.10 km/h  
Running performance: 6.56 min/km

Rank in course/Total: 138 (of 157)

Rank in course/Women: 32 (of 40)

Best time in course: 1:33:59

Rank in category: 11(of 17)

Best time in the category: 1:33:59

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 1                  | -        | 15:40      | -            | 12          | 5:25        | 34        | 5:36         | -             | 15:40      | -            | 12       | 5:25        | 34        | 5:36         |
| 2                  | -        | 22:08      | -            | 13          | 6:44        | 35        | 6:44         | -             | 37:48      | -            | 12       | 12:05       | 33        | 12:08        |
| 3                  | -        | 5:03       | -            | 11          | 1:32        | 29        | 1:32         | -             | 42:51      | -            | 12       | 13:37       | 34        | 13:37        |
| 4                  | -        | 15:22      | -            | 11          | 4:33        | 33        | 4:33         | -             | 58:13      | -            | 12       | 18:10       | 34        | 18:10        |
| 5                  | -        | 8:40       | -            | 14          | 2:28        | 34        | 2:32         | -             | 1:06:53    | -            | 12       | 20:38       | 33        | 20:38        |
| 1                  | -        | 14:12      | -            | 8           | 3:57        | 26        | 4:06         | -             | 1:21:05    | -            | 12       | 24:35       | 33        | 24:35        |
| 2                  | -        | 21:59      | -            | 9           | 6:05        | 26        | 6:05         | -             | 1:43:04    | -            | 12       | 30:40       | 32        | 30:40        |
| 3                  | -        | 5:00       | -            | 9           | 1:18        | 25        | 1:18         | -             | 1:48:04    | -            | 12       | 31:58       | 32        | 31:58        |
| 4                  | -        | 15:12      | -            | 11          | 3:55        | 27        | 3:57         | -             | 2:03:16    | -            | 11       | 35:53       | 31        | 35:53        |
| Finish             | -        | 8:32       | -            | 10          | 1:56        | 28        | 2:19         | 20.10         | 2:11:48    | -            | 11       | 37:49       | 32        | 37:49        |