



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Linda Bērziņa

Number: 317

Course: 20.10 km
Sporta distance

Category:
S2-Sporta distance

Total time: 2:14:33

Speed: 8.96 km/h

Running performance: 6.69 min/km

Rank in course/Total: 139 (of 157)

Rank in course/Women: 33 (of 40)

Best time in course: 1:33:59

Rank in category: 12(of 17)

Best time in the category: 1:33:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:45	-	14	5:30	36	5:41	-	15:45	-	14	5:30	36	5:41
2	-	22:10	-	14	6:46	36	6:46	-	37:55	-	13	12:12	36	12:15
3	-	5:00	-	10	1:29	28	1:29	-	42:55	-	13	13:41	35	13:41
4	-	15:29	-	12	4:40	34	4:40	-	58:24	-	13	18:21	35	18:21
5	-	8:39	-	13	2:27	33	2:31	-	1:07:03	-	13	20:48	34	20:48
1	-	14:32	-	9	4:17	28	4:26	-	1:21:35	-	13	25:05	34	25:05
2	-	22:25	-	12	6:31	30	6:31	-	1:44:00	-	13	31:36	34	31:36
3	-	5:19	-	11	1:37	28	1:37	-	1:49:19	-	13	33:13	34	33:13
4	-	16:03	-	12	4:46	31	4:48	-	2:05:22	-	12	37:59	32	37:59
Finish	-	9:11	-	13	2:35	33	2:58	20.10	2:14:33	-	12	40:34	33	40:34