



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Gundega Vancāne

Club: SK Tērauds/Suunto -1  
Number: 81

Course: 10.00 km  
Tautas distance

Category:  
S2-Tautas distance

Total time: 49:34

Speed: 12.10 km/h  
Running performance: 4.96 min/km

Rank in course/Total: 56 (of 256)  
Rank in course/Women: 6 (of 116)  
Best time in course: 42:28

Rank in category: 2(of 45)  
Best time in the category: 47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:10	-	3	0:59	11	2:23	-	11:10	-	3	0:59	11	2:23
2	-	16:42	-	2	0:30	6	2:14	-	27:52	-	3	1:29	8	4:37
3	-	4:04	-	4	0:16	9	0:31	-	31:56	-	3	1:45	8	5:08
4	-	11:31	-	2	0:40	5	1:20	-	43:27	-	2	2:25	7	6:28
Finish	-	6:07	-	1	-	3	0:38	10.00	49:34	-	2	2:24	6	7:06