



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Daiga Jermaka

Club: Ziemeļkurzeme OK
Number: 55

Course: 10.00 km
Tautas distance

Category:
S2-Tautas distance

Total time: 50:10

Speed: 11.96 km/h
Running performance: 5.02 min/km

Rank in course/Total: 60 (of 256)
Rank in course/Women: 8 (of 116)
Best time in course: 42:28

Rank in category: 3(of 45)
Best time in the category: 47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	10:32	-	2	0:21	6	1:45	-	10:32	-	2	0:21	6	1:45
2	-	17:13	-	3	1:01	9	2:45	-	27:45	-	2	1:22	7	4:30
3	-	4:00	-	3	0:12	7	0:27	-	31:45	-	2	1:34	7	4:57
4	-	11:49	-	3	0:58	8	1:38	-	43:34	-	3	2:32	8	6:35
Finish	-	6:36	-	3	0:29	9	1:07	10.00	50:10	-	3	3:00	8	7:42