



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Sanita Laicāne

Club: SK Tērauds  
Number: 61

Course: 10.00 km  
Tautas distance

Category:  
S2-Tautas distance

Total time: 52:23

Speed: 11.45 km/h  
Running performance: 5.24 min/km

Rank in course/Total: 76 (of 256)  
Rank in course/Women: 11 (of 116)  
Best time in course: 42:28

Rank in category: 4(of 45)  
Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:32	-	4	1:21	12	2:45	-	11:32	-	4	1:21	12	2:45
2	-	17:50	-	4	1:38	13	3:22	-	29:22	-	4	2:59	12	6:07
3	-	3:59	-	2	0:11	6	0:26	-	33:21	-	4	3:10	12	6:33
4	-	12:15	-	4	1:24	10	2:04	-	45:36	-	4	4:34	10	8:37
Finish	-	6:47	-	4	0:40	10	1:18	10.00	52:23	-	4	5:13	11	9:55