



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Sanita Laicāne

Club: SK Tērauds

Number: 61

Course: 10.00 km

Tautas distance

Category:

S2-Tautas distance

Total time: 52:23

Speed: 11.45 km/h

Running performance: 5.24 min/km

Rank in course/Total: 76 (of 256)

Rank in course/Women: 11 (of 116)

Best time in course: 42:28

Rank in category: 4(of 45)

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
1	-	11:32	-	4	1:21	12	2:45	-	11:32	-	4	1:21	12	2:45
2	-	17:50	-	4	1:38	13	3:22	-	29:22	-	4	2:59	12	6:07
3	-	3:59	-	2	0:11	6	0:26	-	33:21	-	4	3:10	12	6:33
4	-	12:15	-	4	1:24	10	2:04	-	45:36	-	4	4:34	10	8:37
Finish	-	6:47	-	4	0:40	10	1:18	10.00	52:23	-	4	5:13	11	9:55