



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Nora Vrubļevska

Club: Surikati/NFS

Number: 86

Course: 10.00 km

Tautas distance

Category:

S2-Tautas distance

Total time: 1:00:04

Speed: 9.99 km/h

Running performance: 6.01 min/km

Rank in course/Total: 141 (of 256)

Rank in course/Women: 36 (of 116)

Best time in course: 42:28

Rank in category: 10(of 45)

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	13:52	-	14	3:41	44	5:05	-	13:52	-	14	3:41	44	5:05
2	-	19:46	-	9	3:34	33	5:18	-	33:38	-	11	7:15	39	10:23
3	-	4:41	-	7	0:53	28	1:08	-	38:19	-	11	8:08	37	11:31
4	-	14:10	-	11	3:19	38	3:59	-	52:29	-	10	11:27	36	15:30
Finish	-	7:35	-	8	1:28	30	2:06	10.00	1:00:04	-	10	12:54	36	17:36