



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ilvija Pukste

Total time: 1:02:58

Number: 69

Speed: 9.53 km/h

Running performance: 6.30 min/km

Course: 10.00 km

Rank in course/Total: 161 (of 256)

Tautas distance

Rank in course/Women: 48 (of 116)

Best time in course: 42:28

Category:

Rank in category: 17(of 45)

S2-Tautas distance

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
1	-	13:03	-	10	2:52	34	4:16	-	13:03	-	10	2:52	34	4:16
2	-	21:58	-	25	5:46	71	7:30	-	35:01	-	18	8:38	49	11:46
3	-	4:56	-	16	1:08	42	1:23	-	39:57	-	18	9:46	49	13:09
4	-	14:58	-	22	4:07	57	4:47	-	54:55	-	17	13:53	48	17:56
Finish	-	8:03	-	17	1:56	49	2:34	10.00	1:02:58	-	17	15:48	48	20:30