



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Zanda Strunga

Club: Wunder Latvia
Number: 78

Course: 10.00 km
Tautas distance

Category:
S2-Tautas distance

Total time: 1:05:57

Speed: 9.10 km/h
Running performance: 6.60 min/km

Rank in course/Total: 182 (of 256)

Rank in course/Women: 63 (of 116)

Best time in course: 42:28

Rank in category: 22(of 45)

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	17:04	-	33	6:53	89	8:17	-	17:04	-	33	6:53	89	8:17
2	-	20:24	-	16	4:12	44	5:56	-	37:28	-	25	11:05	70	14:13
3	-	5:38	-	35	1:50	85	2:05	-	43:06	-	25	12:55	71	16:18
4	-	14:49	-	21	3:58	52	4:38	-	57:55	-	22	16:53	64	20:56
Finish	-	8:02	-	16	1:55	47	2:33	10.00	1:05:57	-	22	18:47	63	23:29