



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Irēna Gedroviča

Club: VSK NOSKRIEN /Jaunmārupe skrien
Number: 52

Course: 10.00 km
Tautas distance

Category:
S2-Tautas distance

Total time: 1:06:17

Speed: 9.05 km/h
Running performance: 6.63 min/km

Rank in course/Total: 185 (of 256)

Rank in course/Women: 65 (of 116)

Best time in course: 42:28

Rank in category: 24(of 45)

Best time in the category: 47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:26	-	25	5:15	67	6:39	-	15:26	-	25	5:15	67	6:39
2	-	22:40	-	33	6:28	84	8:12	-	38:06	-	27	11:43	75	14:51
3	-	5:18	-	24	1:30	64	1:45	-	43:24	-	27	13:13	75	16:36
4	-	14:41	-	19	3:50	48	4:30	-	58:05	-	24	17:03	67	21:06
Finish	-	8:12	-	20	2:05	54	2:43	10.00	1:06:17	-	24	19:07	65	23:49