



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Pelzel, Mario

Club: VfL28 Ellrich

Number: 189

Course: 6.50 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 27:32

Speed: 13.08 km/h

Running performance: 4:14 min/km

Rank in course/Total: 24 (of 81)

Rank in course/Men: 20 (of 67)

Best time in course: 17:28

Rank in category: 3(of 12)

Best time in the category: 21:19