



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

NEBELUNG, Marco

Club: LV Altstadt 98 Nordhausen e.V.

Number: 55

Course: 6.50 km

Pokallauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 27:52

Speed: 12.92 km/h

Running performance: 4:17 min/km

Rank in course/Total: 26 (of 81)

Rank in course/Men: 22 (of 67)

Best time in course: 17:28

Rank in category: 4(of 9)

Best time in the category: 21:19