



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

LANGE, Ulrike

Club: Hannover

Number: 93

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 28:18

Speed: 6.36 km/h

Running performance: 8:19 min/km

Rank in course/Total: 48 (of 53)

Rank in course/Women: 17 (of 21)

Best time in course: 15:23

Rank in category: 2(of 3)

Best time in the category: 16:12