



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

ELTER, Sandro

Club: GW Uthleben

Number: 30

Course: 6.50 km

Pokallauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 28:49

Speed: 12.49 km/h

Running performance: 4:26 min/km

Rank in course/Total: 28 (of 81)

Rank in course/Men: 24 (of 67)

Best time in course: 17:28

Rank in category: 2(of 7)

Best time in the category: 24:48