



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Neubert, Johannes

Club: Nordhausen

Number: 200

Course: 6.50 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 29:32

Speed: 12.19 km/h

Running performance: 4:32 min/km

Rank in course/Total: 31 (of 81)

Rank in course/Men: 26 (of 67)

Best time in course: 17:28

Rank in category: 5(of 12)

Best time in the category: 21:19