



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

#### BUNTFUß, Sebastian

Club: Nordhausen

Number: 28

Course: 6.50 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 29:54

Speed: 12.04 km/h

Running performance: 4:36 min/km

Rank in course/Total: 33 (of 81)

Rank in course/Men: 28 (of 67)

Best time in course: 17:28

Rank in category: 6(of 11)

Best time in the category: 21:14