



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Sperlich, David

Club: Nordhausen

Number: 170

Course: 6.50 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 30:03

Speed: 11.98 km/h

Running performance: 4:37 min/km

Rank in course/Total: 34 (of 81)

Rank in course/Men: 29 (of 67)

Best time in course: 17:28

Rank in category: 7(of 11)

Best time in the category: 21:14