



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Krette, Heiko

Club: Leimbach

Number: 179

Course: 6.50 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 30:49

Speed: 11.68 km/h

Running performance: 4:44 min/km

Rank in course/Total: 42 (of 81)

Rank in course/Men: 37 (of 67)

Best time in course: 17:28

Rank in category: 7(of 12)

Best time in the category: 21:19