



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Zimpriel, René

Club: LV Altstadt 98 Nordhausen e.V.

Number: 151

Course: 6.50 km

Pokallauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 30:27

Speed: 11.82 km/h

Running performance: 4:41 min/km

Rank in course/Total: 37 (of 81)

Rank in course/Men: 32 (of 67)

Best time in course: 17:28

Rank in category: 4(of 7)

Best time in the category: 24:48