



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Sindelar, Vaclav

Club: Wimborne

Number: 168

Course: 6.50 km

Pokallauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 30:52

Speed: 11.66 km/h

Running performance: 4:45 min/km

Rank in course/Total: 43 (of 81)

Rank in course/Men: 38 (of 67)

Best time in course: 17:28

Rank in category: 5(of 7)

Best time in the category: 24:48